

# NI & Ulster Combined Events Championships

## Provisional Timetable Day 1 - Sat 16<sup>st</sup> Aug 2025

### 9:00 Registration Opens

Time	U15 Girls	U15 Boys	U17, U20, Senior Women & Masters Women	U17, U20, Senior Men & Masters Men
10:00	High Jump (Bed 2)	High Jump (Bed 1)		100m (Race 1)
				100m (Race 2)
10:15				
10:30			80m Hurdles (U17G)	
10:45			100m Hurdles (U20 & Senior)	
11:00	75m Hurdles (Race 1)			Long Jump (Pit 1)
	75m Hurdles (Race 2)			
		80m Hurdles (Race 1)		
		80m Hurdles (Race 2)		
11:50				
12:00	Long Jump	Long Jump	High Jump (Bed 1)	
12:15				Shot
13:00				
13:15				
13:30				
13:45				High Jump (Bed 1)
14:00			Shot	
14:15				
14:30				
14:45	Shot	Shot		
15:00			200m	
15:15				400m (Race 1)
15:20				400m (Race 2)
15:30		800m		
15:45	800m			
16:00				

### Notes:

1. Please note Masters categories hurdle distances will be relevant to their age category.
2. Please be advised athletes **MUST NOT** wear headphones while inside the track fence, including the warm up area.
3. Coaches and parents are not allowed on the track at any time. Doing so may result in your athlete being disqualified.

## Provisional Timetable Day 2 – Sun 17<sup>st</sup> August 2025

### 9:00 Registration Opens

Time	U13 Girls	U13 Boys	U17, U20, Senior & Masters Women	U17, U20, Senior & Masters Men
10:00	High Jump (Bed 1)	High Jump (Bed 2)		100m Hurdles (U17), 110m Hurdles (U20)
10:05				110m Hurdles (Senior)
10:15				
10:30				
10:45				
11:00		75m Hurdles	Long Jump (Pit 1)	Discus
11:15	70m Hurdles			
11:30				
11:45				
12:00				
12:15				
12:30	Long Jump	Long Jump		Pole Vault - Group A (3m and above)
12:45				
13:00			Javelin	
13:15				
13:30				
13:45				Pole Vault - Group B (3m and below)
14:00	Shot			
14:15				
14:30				
14:45		Shot		
15:00				Javelin
15:15			800m	
15:30		800		
15:45	800m			
16:00				1500m

- Notes:**
1. Please note Masters categories hurdle distances will be relevant to their age category.
  2. Please be advised athletes **MUST NOT** wear headphones while inside the track fence, including the warm up area.
  3. Coaches and parents are not allowed on the track at any time. Doing so may result in your athlete being disqualified.